

Fair Garden News

Explore, Imagine, &
Discover at Fair Garden!
January 2017

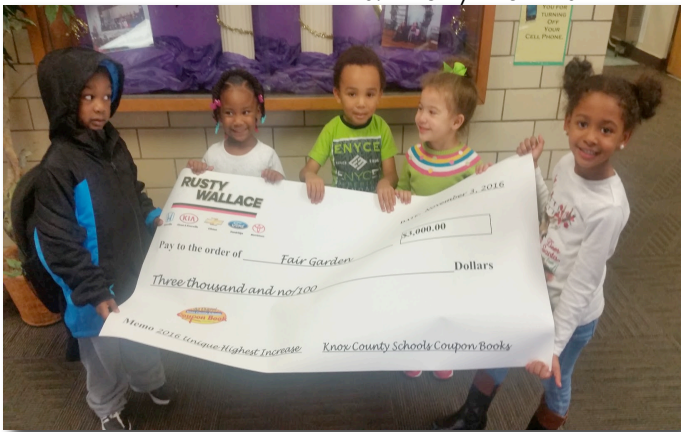


It's a New Dawn, It's A New Day... I'm Feeling Good!

In the famous lyrics of the soulful singer, Nina Simone, "It's a new dawn, It's a new day, It's a new life... and I'm feeling good!" Everyone should feel good about a new start to this New Year! Let's be refreshed in its newness and aim for greater things in 2017!

We have some exciting events that will take place during our 2017 semester. Beginning this month on January 24th from 7:30 a.m. – 8:00 a.m., We are kicking off our new Parent Coffee Hour series. (Well, it's actually ½ hour, but who's counting!) During our sessions, we will have a chance to discuss with you best practices for time management, discipline, nutrition and much more! Our Parent Coffee Hour is a time for you to share your thoughts, concerns and even advice to other parents on things that work best for you and your family! Tracey Matthews-Wynter, Knox County School's Family and Community Engagement Supervisor, will be facilitating our sessions. We guarantee our sessions will be fun, entertaining, and informative!

– Ms. Tiffany Watkins



Fair Garden Reminders/Happenings

1. Update Emergency Cards. It's that time of the year again to update emergency cards with any new numbers or new contacts you like to add. It is imperative that we have up to date information on your child for emergency purposes.

2. MLK Day. In honor of Dr. Martin Luther King, Jr., there will be no school on Mon., January 16, 2017.

3. MLK Weekend Activities. During the MLK weekend, Knoxville will host a Youth Symposium and the annual Race Against Racism 5K on Saturday, January 14th. On Monday, January 16th, the MLK parade will kick-off at 10:00 a.m. on MLK Ave. Later that evening, the Night of Arts will begin at 6:00 p.m. at the Historic Tennessee Theater.

3. Parent Coffee Hour. Parent Coffee Hour will be on Tuesday, January 24, 2017 from 7:30 a.m. – 8:00 a.m.

4. Toyota/Lexus of Knoxville. Again, we like to thank Toyota/Lexus of Knoxville for their generous Christmas celebration for two of our classes at Fair Garden. The kids had a great time! We appreciate our 20th year of Partnership with Toyota/Lexus of Knoxville!



For your
Calendar

Jan. 16th
MLK Day

Jan. 24th
Parent Coffee Hour

Protecting Our Hearts!



On Friday, January 6th, while our students were enjoying the first snow of the season, our dedicated teachers were at school attending the nationally acclaimed Conscious Discipline training. The training involved our teachers learning techniques to help our students develop discipline within themselves. As adults, we are to be our student's co-regulators. That means as parents, teachers and community leaders, we are to provide the tools to help our students regulate their emotions when they are feeling sad, angry, hurt, frustrated, frightened, embarrassed, etc. Each emotion is essential to our lives, but when an emotion keeps us from learning and functioning, it can endanger our well-being. In the photo above, each teacher is holding a red gem shaped into a heart. The heart represents each of our students. When we placed the heart in the center of our hand and closed our hand over the heart, no matter how hard we shook the heart, it didn't fall. As adults, when we wrap ourselves around each little heart, our love, support, and protection are enough to keep each child safe. When our love, support, and protection are not wrapped around each child, when his/her world shakes, he/she will fall. That is something we as caregivers must not let happen. In our training, we took the same heart and held it with just one finger. When we held the heart with one finger and shook the rock, guess what? The heart didn't fall! Even one person who gives the heart love, support and protection is enough to keep a child from falling. So as we guide our students towards regulating their emotions, we must provide them with love and safety. It is essential to their well-being. We must guard what they see and what they hear, so that they are able to self-regulate when the time comes. This will help them lead prosperous and joyous lives for themselves, their families and their community. Let's protect our hearts!

Our Teachers

3 Yr Olds

- *Mrs. Bafford/
Mrs. Montgomery
- *Mrs. Shelley/Ms. Jennifer
- *Mrs. Hall/
Ms. Danielle
- *Mrs. Hickey/Mrs. Gentry

4 Yr Olds

- *Mrs. Morgan/Ms.
Melanie
- *Ms. Younger/Ms. Darla
- *Mrs. Gregory/Ms. Darla/
Ms. Swaggerty
- *Ms. Hodson/
Ms. Dee
- *Mr. Brickell/Ms. Jasmine

Special Education

- *Mrs. Friesen/Ms. Claire/
Mrs. Brown

FUN TEACHER FACTS!

Did you know Mrs. Shelley not only has pet cats, but a pet ferret, too? She loves spending time with her family and enjoys outdoors adventures! Did you know Mrs. Wise has two kids and they all love musical theater? Did you know Mrs. Wise has a huge heart for the homeless and often volunteers for the Under the Bridge Ministry?

QUOTE OF THE MONTH:

**"Intelligence plus character
– that is the true goal of
education."**

-Dr. Martin Luther King, Jr.



Contact
Information

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